

Diabetes and Eating Disorders

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Abstract

The problem of insulin restriction is an important women's health issue in type 1 diabetes. This behavior is associated with increased rates of diabetes complications and decreased quality of life. Clinical and technological research is greatly needed to improve treatment tools and strategies for this problem. In this commentary, the author describes the scope of the problem of eating disorders and diabetes, as well as offers ideas about ways technology may be applied to help solve this complex problem.

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Abbreviations: (HbA1c) hemoglobin A1c, (DKA) diabetic ketoacidosis

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